

## What Is Prostate Cancer?

Prostate Cancer is a cancer that starts in the prostate gland in which tumours grow in the malignant, prostate gland either slowly (most common) or fast and aggressively (can be life-threatening if not treated accordingly).

It is the most common cancer in men. 1 in 8 men will be diagnosed with prostate cancer in their lifetime and 1 in 30 men will die from it.

## What Are The Treatment Options Available For Those Diagnosed With Prostate Cancer?

It is important to recognize what the best treatment option(s) will be for you as prostate cancer treatment options depend on many factors.

The three most important factors are:

1. The type and stage of the cancer
2. The grade or Gleason score
3. Prostate-Specific Antigen (PSA) levels

For more information on treatment options, we suggest clicking [here](#).

## Who Are We?

**Prostate Cancer Support Group Waterloo-Wellington** is a volunteer-based, non-profit prostate cancer support group for Guelph, Kitchener, Waterloo, Cambridge and surrounding areas. We are run by prostate cancer survivors who help men diagnosed with this disease.

## Our Purpose:

- Raising the level of prostate cancer awareness
- Educating men who have been diagnosed
- Providing support to them and their families
- Monthly meetings to stay informed about the effects of prostate cancer

## How to Get Support If You Were Recently Diagnosed With Prostate Cancer

If you were recently diagnosed with prostate cancer, please consider joining our group to hear from members who have survived the terrible disease and members currently fighting the disease. **Join Today**.

Aside from our website, we are also partnered with **HopeSpring Cancer Support Centre**, a local non-profit organization committed to providing free support and resources to all individuals affected by cancer.

